

THAILAND



This guide belongs to:



THAILAND

Trip Info



Where I am going:

When I am going:

Who I am going with:

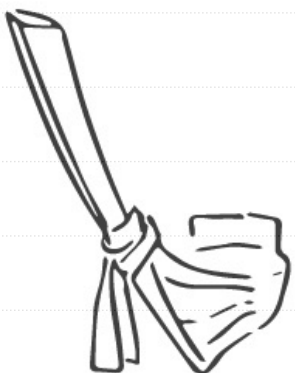
What we will be doing:

What I am most excited about:

{paste map here}

{paste photo here}

Bucket List



Places to Stay

Places to Eat

Places to Shop

Trip Recommendations

Places to Visit

Things to Do

Other Recommendations

Day:

What to do:

Where to Dine:

Where to Stay:

What to Wear:

Notes...

[illegible]

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THAILAND

Clothes

Item	Packed
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Shoes & Accessories

Item	Packed
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In general, light, loose-fitting clothes will be the most comfortable in the tropical heat. It's worth bringing one jacket that can double as a raincoat and keep you warm in higher elevations and on air-conditioned buses. When you visit temples, wear clothes that cover to your elbows and knees. Bring a smart outfit if you plan on clubbing in Bangkok or fine-dining in Phuket.



Toiletries

[illegible]

Miscellaneous

[illegible]

Passports, tickets, & copies of travel documents

Driver's license & International driving permit

Valid license if planning on scuba diving

Power converter

Thai phrasebook

THAILAND

Currency

The basic unit of Thai currency is the baht ฿.

Tipping is not generally expected in Thailand, but it is appreciated. At many hotels or upscale restaurants, a 10% service charge will be added to your bill.

Bargaining is common in the Thai street markets and some small shops. Prices in department stores, minimarts, 7-Elevens, etc. are fixed.

ATMs that accept foreign debit and credit cards are widespread throughout the country and can be relied on for the bulk of your spending cash.

Make sure you contact your bank and your credit card company before leaving home to notify them of your upcoming trip so your accounts aren't suspended due to suspicious overseas activity.

Money Saving Tips

1. Travel during low season {May - October} to avoid crowds & higher prices.
2. Eating street food will cost you a fraction of what you pay at a restaurant.
3. Take advantage of restaurants' happy hour deals and drink the local beer.
4. Long-tail boats are the cheapest way to travel between islands.
5. Take the local bus or rent a bike rather than paying for tuk-tuks.
6. If you opt to hire a tuk-tuk driver, negotiate a fixed price before you take off, because unlike taxis, tuk-tuks do not have meters.
7. Remember, to avoid being taken advantage of, don't play the naive tourist.



Budget

Expected Cost

Actual Cost

Total

THAILAND

Departing Flights

Airline	Date	Time	Departure	Gate	Arrival Time	To	Reservation

Returning Flights

Airline	Date	Time	Departure	Gate	Arrival Time	To	Reservation

Car Rental

	Date	Time	Address/Contact Info	Company	Reservation
Pick Up					
Drop Off					
Pick Up					
Drop Off					

Lodging

Hotel	Date	Concierge	Address/Contact Info	# of Nights	Reservation

{paste ticket stubs here}

Scheduled Activities

To do Checklist

Shopping List



Day 1

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

{paste photo here}

My Daily Journal

Day 2

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

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{paste photo here}

My Daily Journal

Day 3

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

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My Daily Journal

Day 4

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

{paste photo here}

My Daily Journal

Day 5

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

{paste photo here}

My Daily Journal

Day 6

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

Notes...

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{paste photo here}

My Daily Journal

Day 7

6:00 am

7:00 am

8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 am

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My Daily Journal

THAILAND

Communication

The telephone country code for Thailand is +66 and is used when calling the country from abroad. All Thai telephone numbers are preceded by a '0' if you're dialing domestically {the '0' is omitted if you are calling from overseas}. After the initial '0', the next three numbers represent the provincial area code.

Important Phone Numbers

Thailand's country code: +66

Emergency: 191

Operator-assisted international calls: 100

Tourist Police: 1155

Culture, Customs, & Etiquette

Thais are generally very understanding and hospitable, but there are some important taboos and social conventions to be aware of:

The traditional Thai greeting is with a prayer-like palms-together gesture known as wâi. If someone shows you wâi, you should return the gesture.

Never disrespect the royal family with disparaging remarks. Treat objects depicting the king with respect. Stand when the national and king's anthems are played.

Wear clothing that covers to your knees and elbows when visiting temples. Remove your shoes when you enter a temple building.

At the beach, avoid public nudity or topless sunbathing. Wear a cover-up to and from the beach.



Thais strive for social harmony by avoiding confrontation and outbursts of emotion. Never get into an argument with a Thai. It is better to smile through any conflict.

Thai Language

If you are traveling in the major tourist areas of Thailand, you will have little trouble finding locals who speak a little English. However, a few handy phrases can go a long way to getting a friendly reception wherever you visit a foreign country.

The first thing you need to know is that the Thai language changes a bit depending on whether the speaker is a man or a woman. The addition of the word *Krub/khrup* {male speaker} and *Kah/kaa* {female speaker} provide a more polite and formal tone to the message.

Sawatdee {krub/kah}: Hello
Sabai dee ru {krub/kah}: How are you?
Sabai dee {krub/kah}: Fine
Khob Khun {kup/kaa}: Thank you
chai: Yes
mai chai: No
day: I can
mai dai: can not

poed Thai mai dai: I can not speak Thai
kow jai mai: do you understand?
mai kow jai: I do not understand
nee Tao Rai?: How much?
pang: expensive
pang mak: very expensive
took: cheap
naam: water
chok dee: good luck
sanaam bin: Airport
ron: hot
nao: cold
hong naam: toilet
nit noi: small/a little bit
yai: large

neung: 1
song: 2
sam: 3
see: 4
haa: 5
hok: 6
jet: 7
paed: 8
gaw: 9
sip: 10
sip-et: 11
sip-song: 12
yee sip: 20
saam sip: 30
roi/loi: 100

Wish you were here!

Krabi, Thailand

